



# SIMPLE FACTS & FIGURES

Bleeding disorder is a term for a range of medical conditions that result in poor blood clotting and continuous bleeding caused by missing proteins called clotting factors.

Bleeding disorders are a genetic condition that is generally inherited, although 30% of all cases have no family history.

Symptoms may include continuous, often spontaneous bleeding and easy bruising. Internal bleeding can result in joint pain and swelling.

Conservatively, over 11 million people in the U.S. have a bleeding disorder.

Hemophilia is the most common bleeding disorder and occurs mostly in males.

While there is no cure for bleeding disorders, costly treatments do exist and generally require lifelong infusion of missing clotting factor.

Over 70% of people around the world do not have access to treatment.

## WOMEN & BLEEDING DISORDERS

Women have bleeding disorders too. The most common is called von Willebrand's disease.

Symptoms in women generally include heavy periods, frequent nose bleeds, bleeding gums and uncontrolled bleeding after childbirth.

Bleeding disorders are often misdiagnosed as gynecological problems. It is estimated there are nearly 3 million undiagnosed women in the U.S.

## HEALTH INSURANCE

Treatments are costly. Many insurance plans do not cover a lifetime of care, leaving many in need and jeopardizing their health and quality of life.

*The Bleeding Disorder Foundation of Washington is a volunteer-based non-profit that works to improve the quality of life of individuals and families affected by bleeding disorders by providing caring support, quality education and targeted advocacy aimed at enhancing medical care and insurance coverage for our community.*

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*Caring is in our blood.*